



## Center for American Archeology Gear List

The items needed for your stay in Kampsville are listed below. You can expect HOT & HUMID weather during the summer, although there might be some cool mornings and evenings. Please pack accordingly. No matter what time of year you'll be joining us, it is important to bring OLD, expendable clothing—roughly 7 changes for a week—that can be layered on and off. Cotton and other lightweight fabrics are best for summer. Long sleeved shirts are handy year round, especially if you are concerned about sun exposure. Rain gear and comfortable, protective footwear (at least two pair) are essential items!

**Bedding & Linens:** Our dormitories are equipped with standard twin-size mattresses that have a protective plastic covering. Please bring a sleeping bag or appropriate sheets & blanket and pillow. Please bring your own towels.

**HIGHLY RECOMMENDED:** (items with asterisks \*\* are essential!)

Rain gear (poncho or jacket)	Shirts, t-shirts
Shorts & long pants	Jacket
Sweater or hooded sweatshirt	Socks & underwear
Pajamas & robe	Shower shoes (flip flops)
Hat/visor with brim and/or bandanna	Heavy work gloves
Athletic shoes (old sneakers!), 2 pair	Sunglasses
Personal toiletries	Backpack/ book bag
**Sunscreen (SPF 15 or higher!)	Swim suit (youth programs only)
**Water bottle	**Travel alarm clock (battery powered)
**Insect repellent	
*Prescription medications, EpiPen, over-the counter allergy meds, pain relievers, etc. as appropriate	

**OPTIONAL:**

Flashlight	Camera & film
Duffel bag w/luggage lock	Books, cards, games
Sewing kit	Small first-aid kit

**\*\*\*SNACKS:** *Snacks are not provided as part of the food plan; you may want to bring your own supply. A local convenience store does have a variety of juices, soda, chips, and candy, but prices will be high.*

**FALL PARTICIPANTS PLEASE ADD:**

Warm jacket	Scarf
Mittens or gloves	Heavy pants and/or long underwear
Knit hat	Heavy socks

*Fall participants: Please note that fall weather is fairly unpredictable; mornings and evenings will be cool, with midday temperatures ranging from the 60s to the low 80s. Rain is always a possibility. The beginning of September is generally fairly warm, but by the beginning of October it tends to be much cooler. Keep an eye on the weather forecasts—and BE PREPARED! ☺*