



# CENTER FOR AMERICAN ARCHEOLOGY

## Field School Gear List

Welcome to Field School! This document is your guide for preparing for your summer fieldwork with the Center for American Archeology. Please read it carefully. If you have any questions, please do not hesitate to ask. Email us at [education@caa-archeology.org](mailto:education@caa-archeology.org) or call 618-653-4316.

Please keep in mind that there is not a general store within 30-40 minutes of Kampsville. If you forget anything, it is very difficult to acquire it once you're in town.

### **Clothes**

Summers in Kampsville tend to be hot and humid, though the mornings and evening may be cool. Inside the buildings, especially the labs, can feel a little cool, too, if you've been in the hot sun all day. Please pack accordingly.

Archeology is sweaty, dirty work. Your field clothes probably won't be suitable for polite society once they've been in the field, though they'll probably be good clothes for yardwork. Pick your field clothes with that mind; you probably don't want to wear your favorite party outfit to the field.

It is important that you bring comfortable clothing—roughly 7 changes for a week—that can be layered on and off. Cotton and lightweight fabrics are the best. Long-sleeved shirts are handy for both limiting exposure to the sun and for staying warm on cool mornings. Raingear, such as a poncho or rain jacket, are essential. You should also bring two pairs of shoes, if you can. These should be comfortable and protective. Like your clothes, your shoes may experience some wear and tear in the field.

### **Beddings and Linens**

Bring a sleeping bag or appropriate sheets, blankets, and pillow. Our dormitories are equipped with standard twin-size mattresses that have a protective plastic covering.

### **Towels and Toiletries**

Please bring your own towel(s) and personal toiletries.

### **Items to Pack/Examples**

- Field clothes
- Shorts & long pants
- Sweater or hoodie
- Shirts, t-shirts
- Socks & underwear

Hat or bandana (important!)  
Rain gear  
Pajamas & robe  
Shower shoes  
Field/athletic shoes (2 pair)  
Sunglasses  
Personal toiletries  
Backpack  
Sunscreen  
Refillable/reusable water bottle  
Travel alarm clock  
Insect repellent  
Prescription medications, asthma medicine, EpiPen, or any medication you will need.  
Swimsuit  
Pocket or laundry money (the latter if you're staying more than one week)

### **Items You Might Want While in Kampsville**

Camera  
Books, cards, games  
Personal First Aid Kit (CAA does keep a first aid kit on-site at all times for emergencies)  
Heavy work gloves

### **Snacks**

Snacks are not provided as part of the food plan. You may want to bring your own supply. A local convenience store does have a small selection of juices, soda, chips, and candy, but prices are high.

If you're unsure about anything, please email or call! You do not need to bring excavation gear—trowels, shovels, etc. We supply those.